



Curriculum Overview – Physical Education (PE) 25/26

Whole School Learning Theme	How does being active impact on my physical and mental wellbeing?					
Curriculum Drivers	Aspiration, Wellbeing, Pride					
Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1	Fundamentals	Gymnastics	Team Building	Sending & Receiving	Athletics	Net & Wall
	Ball Skills	Dance	Dance	Invasion Games	Sports Day Practice	Striking & Fielding
2	Fundamentals	Gymnastics	Team Building	Sending & Receiving	Athletics	Net & Wall
	Ball Skills	Dance	Dance	Invasion Games	Sports Day Practice	Striking & Fielding
3	Swimming				Athletics	Tennis
	Forest School/Netball	Forest School/Netball	Dance	Football	Sports Day Practice	Cricket
4	Tag Rugby	Gymnastics	Cricket	Dodgeball	Athletics	Tennis
	Basketball	Dance	Fitness	Football	Sports Day Practice	OAA
5	Tag Rugby	Gymnastics	Cricket	Dodgeball	Swimming	Tennis
	Netball	Dance	Fitness	Football	Sports Day Practice	OAA

* Swimming Top up lessons.



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6	Tag Rugby	Gymnastics	Volleyball	Dodgeball	Athletics	Swimming Top Ups/ Tennis
	Basketball	Dance	Fitness	Football	Sports Day Practice	Cricket

* Swimming Top up lessons.