



Lingey House Primary and Nursery School



Newsletter 13 – 8th December 2023

Good afternoon,



We have been really getting into the Christmas spirit this week. We have been gearing up for the upcoming performances and festivities. Our children in Reception and Key Stage 1 have been busy rehearsing for their Christmas shows. I'm sure they have been singing the songs at home too, giving you all a glimpse of what's to come! The children in Key Stage 2 have been enjoying learning songs ready for the Carol Service at St Andrew's Church. We look forward to welcoming you all into school and at St Andrew's for these exciting events.

Have a lovely weekend,

Mrs Jackson

Safeguarding

At Lingey House Primary School, we regard the safeguarding of children as our main priority. We believe that we all have the right to be happy, to be safe and to learn; we all have the responsibility to make this happen.

We are all responsible for ensuring that each child remains safe, however the Designated Leads for Safeguarding are Mrs Wilkinson, Mrs Jackson, Mrs Wrightson, Mrs Flowdy, Miss Bell & Hannah.

This poster is displayed throughout school.

KEEPING YOU SAFE

You can speak to **any adult** in school about **anything** that is worrying you.
The 6 adults below are Designated Safeguarding Leads (DSLs) and have had special training to keep you safe.

 MRS. WILKINSON HEADTEACHER	 MRS. JACKSON DEPUTY HEADTEACHER	 MISS BELL SENIOR MENTAL HEALTH LEAD
 MRS. WRIGHTSON ASSISTANT HEADTEACHER	 MRS. FLOWDY ASSISTANT HEADTEACHER	 HANNAH FAMILY SUPPORT WORKER

SAFEGUARDING GOVERNOR - MRS CROZIER

Christmas Jumpers

All children in school (Nursery to Year 6) are welcome to wear a Christmas jumper on the days below. Please don't feel like you need to go out and buy something special, a bit of tinsel or some baubles can make fabulous Christmas jumpers!

Tuesday 12th December

Thursday 14th December

Tuesday 19th December



Some KS1 children may be asked to wear a Christmas jumper for their performance but individual messages will be sent home for this.

Bikes/Scooters in School

Just a reminder that all children and adults should dismount from bikes and scooters on arrival at the school gates. We have noticed particularly that on drop off and collection, children and siblings are riding their bikes in the EYFS garden. For health and safety reasons, we request that you stop all children from doing this.

Out of School Achievements

We love to celebrate achievements both inside and outside of school. If you would like to celebrate your child's achievements with us, then please email the details including photographs to office@lingeypouse.org. We will then publish this on the next newsletter.

School Lunch Change 12th December

As part of our Opal Winter Award celebration, there will be a special school lunch on Tuesday 12th December. Please see the picture below for changes to the menu on that day. There will be no other lunch options on Tuesday, other than vegetarian. Although reception children will not be involved in this event, the menu change will include them too. (EYFS will have other festive treats - watch this space.) This menu should not be confused with our Christmas lunch which we will be holding on Tuesday, 19th December.



School Uniform and Christmas Jumpers

For the next few weeks, there will be an opportunity to purchase second-hand Christmas jumpers, school uniform and winter coats at our Thursday coffee mornings. These are held in the Lodge on a Thursday morning from 9am -10am. Please come along to grab yourself a bargain! We would also welcome donations of any of the above items to add to our stock.

123 Magic

Is a Parenting programme which is delivered by the Early Help Service, within Gateshead Council. It offers support to parents and carers to positively manage your child's behaviours, feelings and emotions. They can also offer support with routines and boundaries, giving tools and strategies to effectively manage behaviour. They offer informal two-hour sessions, which can either be held over TEAMS or face-to-face. Please see our Family Support Worker Hannah, to be sign posted.



Christmas Support

We understand at this time of year everyone may be struggling and we would like to offer our support in any way possible. We are working closely with local organisations and charities, which may be able to support your family, during the winter months, including Christmas support.

Please see Hannah, our Family Support Worker, to have a confidential discussion if you require Christmas Support.



PTA News

School Pantomime Visit!



Amazing news! After numerous fundraising events, the PTA have managed to raise enough money to secure tickets and travel for all of our children in Year 1 – 6 to go to see Peter Pan at the Tyne Theatre and Opera House! We are very excited to be able to offer our children this opportunity and it's thanks to the generosity of our parents at our fundraising events!

Details about when each class will be attending are as follows –

Year 1 and 2 – Wednesday 20th December 2023

Year 3 and 4 – Thursday 14th December 2023

Year 5 and 6 – Wednesday 13th December 2023

Parental consent is now live on Arbor. Please note that the timings of the pantomime do not clash with any Christmas performances or our Carol Services.

Please contact the school office if you cannot access your Arbor account.

Opal Update

Opal winter festival, just a few more details...

So, the big day is nearly upon us! Nope not Christmas Day, it's the Opal Winter Festival! Sadly, it doesn't look like it's going to snow! However, according to the weather forecast there is a strong chance of rain, so make sure to get wrapped up and wear the appropriate clothing. I don't think we have any adult-sized waterproofs in our wet weather cloakroom... they might make canny shorts though.

Permissions!

We recently sent home a letter for parents and guardians to sign regarding the Opal Winter Festival, which included signing out permission. Please ensure that you have signed and returned these forms by Tuesday morning at the latest. The pick-up process will be delayed for any child whose parent has not given consent and we want everyone to enjoy the afternoon's festivities. Please contact the office staff or class teacher if you need any assistance with this. Thank you!

Last week in OPAL, we had snow!

You already know this but last week we had snow! We love a snow day in school. Remember the old school playtimes when children weren't allowed out in case they got a little wet? When they weren't allowed to access the field and enjoy that lovely fresh blanket of snow? When the children weren't allowed to have a mini-snowball fight? Well, now we have wellies, sledges, spare winter clothes, NOW we have Opal play times! Through Opal we are able to truly enjoy all the snow has to offer. Just have a look what we got up to.



Opal Winter Festival – Less than 1 week to go!

Its nearly here. The much-anticipated Opal Winter Award Festival. We have been hard at work planning the whole process and we would like to take this opportunity to share all the finer details with you.



Child Collection Times:

On Tuesday afternoon (12/12/23) children will be available for collection from 12pm. To prevent too much congestion, each year group will be designated a collection point, which is listed below:

- **Year 6**- MUGA
- **Year 5**- Normal collection door
- **Year 4**- Main office/reception
- **Year 3**- Normal collection door
- **Year 2**- Normal collection door
- **Year 1**- Normal collection door

What gates will be open?

For safeguarding reasons, we are unable to open every gate so we ask that **all parents/guardians enter the school via the main gate.**

For making your way around school to the collection points, initially only the two inner front gates will be open. Parents/carers will need to sign their child out upon collection; we do not expect children to return to school after our event.

Be sure to check below for the collection points and the gates mentioned:



We cannot open the gates any earlier than 11.55 so we ask parents to please not arrive early.

Additional Details:

Please don't send anything other than essentials into school that day. There will be many activities on the day and let's face it, the first thing the children will do is lumber you with their all stuff. We want you all to enjoy the activities we set out!!

Packed lunch trolleys will be pulled out from their usual places, at 3pm to allow collection.

Also, did we mention all of our activities will be free!? The Opal Winter Festival is a not only a celebration for achieving Opal Platinum school status, but also a reward for all the children's excellent work throughout the year.

The only optional charges we will have, will be the refreshments and raffles, which will take place in the school hall. These are provided by and are to raise money for our PTA. **The hall doors will open (see map above for the hall entrance) from 12.30PM.**



Somebody is coming to town...

We have a very kind volunteer coming who is usually busy in the North Pole at this time of year. However, he has taken time out of his busy schedule to come and see what Lingey House have been up to. He will be taking donations for Save the Children; there will be collection buckets out on the day. Please only donate if you can and want to, there is no obligation.

Ice-Rink Times

Each year group will have a time-slot to ice-skate. Where there are siblings, we will try to accommodate them skating together, if they want to, but this is subject to there being enough space.

Please just head to the rink for your child's time slot to check. The ice-rinks are run by an external provider who will have to remain within their safe operating numbers. All children with permission to skate will be given a ticket to hand in at the start of their session. **There is no charge for this!**

Year 6 12:00- 12:25
Year 5 12:30- 12:55
Year 4 1:00- 1:25
Year 3 1:30-1:55
Year 2 2:00- 2:25
Year 1 2:30- 2:55

There will be two ice rinks. One will be for Class A and one for class B in each year group. Please see signs on the MUGA at the time, for where to wait for the changeover.

Choir

Finally! At 2:15 our wonderful KS2 choir will be performing some Christmas songs (location TBC). We will let you know where abouts they will be asap!!

This is all in an ideal world! Please note if locations need to be adapted slightly or a more weatherproof plan put in place, we will let you know on the day or in advance if we are able to.

Michaela Flowdy
Assistant Headteacher

EYFS Newsletter

EYFS Update

Thank you to all Nursery parents, carers, friends and family who came along to our Stay and Play this week. Everyone had a fantastic time together and enjoyed the Christmas crafts, snacks and singing. We are looking forward to the next one!

Christmas

Reception Christmas Performance - Wednesday 13th December 9:30am-10:30am. The children are performing 'Whoops-a-Daisy Angel'. All costumes will be provided by school. Some of the children have been given speaking parts. We would be grateful if parents could help their child to practise their lines at home. If you have not collected your tickets yet, please call at the school office. We look forward to seeing you at the performance

EYFS Christmas Party – Monday 18th January; children should come into school dressed in their party clothes.

Donations of the following items would be greatly appreciated:

- **Recycling** - We need boxes, tubs, kitchen roll tubes, bottle tops, cake trays, bottles for our junk modelling.
- **Winter Walks** – Please look out for stones, pebbles, pine cones, leaves, sticks, fir tree branches etc whilst out on your travels. We would like these items to enhance our mud kitchen and playdough areas.
- **Baby Items** - We are collecting the following baby accessories e.g. nappies, bottles, rattles, baby dishes/spoons, empty wipe packets, talc bottles, sudocrem bottles etc.
- **Mud Kitchen** – We would like old spoons, whisks, ladles etc please to use in our cooking area.
- **Catalogues and Magazine** – We are still collecting Christmas food and toy catalogues/magazines from the supermarkets.
- **Snack money** - Thank you to all parents who are giving towards our voluntary snack money each week. The money collected allows us to cook with the children and buy additional snacks for them. Donations from as little as 50p per week would be most welcome and can be handed to staff at the nursery door.
- **Clothes** – Any donations of spare children's clothes would be extremely welcome for us to add to our school stock. The current weather means that children are needing to be changed more often than usual.
- **Returning Clothes** – A reminder to please return any spare clothes which your child has borrowed from school's stock, especially socks and underwear.
- **Lost Property** – Some children are missing bobble hats, cardigans and other items from nursery. These items have named labels. We know that children often have the same or similar items of clothing so can we ask all parents to check that they have the correct clothing at home

Thank you for your ongoing support and patience in relation to spare clothing/missing items!

Reading

Library Books: Nursery library books should be returned every Thursday, ready to be changed and handed out again on a Friday. Please see Seesaw for details of arrangements for changing library books in our reception classes.

Reading Books: The children in our reception classes are provided with a reading book and reading record to support their Phonics development. These should be brought into school every day. Please see Reception staff with any questions you may have regarding Phonics.

Other Updates

Seesaw: Please remember to check Seesaw every week for homework tasks and photos of your children. We would be grateful if you could upload photos of your child completing activities that they enjoy doing at home. This allows us to share these activities with your child and their friends.

Bikes: We would like to remind parents NOT to allow children/siblings to ride around on bikes or scooters in the EYFS outdoor areas. For health and safety reasons, all bikes and scooters should be dismantled on arrival at the school gates.

**Many Thanks,
Miss Hamilton, Miss Smith and Mrs Clydesdale**

Dates for the Diary

Date/time	Event	Who's involved
Monday 11 th December	Flu Immunisations	Reception – Year 6
Tuesday 12 th December	Opal Award Special Lunch	Reception – Year 6
Tuesday 12 th December	Opal Award Winter Festival 12PM	Year 1 – Year 6
Wednesday 13 th December	Reception Christmas Performance 9:30AM – 10:30AM	Reception Parents
Wednesday 13 th December	Panto – Peter Pan	Year 5 and Year 6
Thursday 14 th December	Carol Service – St Andrews	Y4 & Y6 & Choir 9.30AM – 10.15AM Y3 & Y5 & Choir 10.30AM – 11.15AM
AND	Panto – Peter Pan	Year 3 and Year 4
Friday 15 th December	KS1 Christmas Performance 9:30AM – 10:30AM 1:45PM – 2:45PM	Year 1 and Year 2
Monday 18 th December	Early Years Christmas Party	Nursery and Reception
Tuesday 19 th December	KS1 Christmas Party	Year 1 and Year 2
Tuesday 19 th December	Christmas Lunch	Reception – Year 6
Wednesday 20 th December	Lower KS2 Christmas Party	Year 3 and Year 4
Wednesday 20 th December	Panto – Peter Pan	Year 1 and Year 2
Thursday 21 st December	Upper KS2 Christmas Party	Year 5 and Year 6
Friday 22 nd December	Break Up for Christmas	Whole School
Monday 8 th January 2024	Return to School	Whole School



Healthy, thriving children and families

Everyone wants the best for their children, but it can be hard to know what to do as a parent as they grow up. That's where HENRY comes in.

The *Healthy Families: Growing Up* programme is free to join and helps your family develop a healthier lifestyle that works for you.



"This programme changed my life."

www.henry.org.uk

Is the HENRY programme for me?

The HENRY programme can help everyone with a primary-school aged child. Every parent who joins learns something new and useful.



If you have at least one child of primary school age and can answer yes to any of the questions below then HENRY is for you:

- Would you like to feel more confident as a parent?
- Would you like support and ideas for helping your family be healthier?
- Do you wish your child would eat a wider range of foods or more fruit and vegetables?
- Would you like to reduce mealtime stress?
- Would you like your children or family to be more active more often?
- Are you interested in some ideas to get children away from screens?

About the programme

The programme is for parents or carers who would like support and ideas to develop a healthier family lifestyle which parents and children can both enjoy. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent.



HENRY's *Healthy Families: Growing Up* programme is running locally. Join the thousands of families across the country who have benefited from the support and tips HENRY programmes provide.

Research shows that the key ingredients for a healthy family lifestyle are:

- Parenting confidence
- Physical activity for the whole family
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes and provides everything you need to help your children thrive.

What do other parents say about it?

- 97% of parents would recommend it
- 89% feel more confident as a parent

"I'm so glad I did this programme. Do it!"

"This was the best thing I could possibly have done to help me be a better mum"



"This was so much more and so much better than I expected. I would encourage every parent to do it."

What is HENRY?

HENRY is a UK charity working to give children a healthy, happy childhood so they thrive now and in the future. There are loads of useful ideas and resources for parents on the HENRY website.

Sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

Session 1 - Exploring what changes you want to make. Thinking about a healthy family and what we can do as parents to help

Session 2 - How to juggle life with growing children so you all get what you need. Thinking about healthier meals and snacks

Session 3 - What we can do as parents to help children grow up feeling good about themselves. Looking at portions and portion sizes

Session 4 - Responding to children's needs without giving in to all their demands. Enjoying getting active as a family

Session 5 - Food groups, labels, portion sizes for the whole family, and healthy food swaps

Session 6 - Positive mealtime tips for a happy family and reducing mealtime stress for everyone

Session 7 - Negotiating agreements as a family, including around food, screen time and sleep

Session 8 - Supporting your children as they grow older. Exploring body image and peer pressure. Planning your family's future



"I highly recommend it. It was brilliant."

How can I join a programme?

HENRY programmes are running locally. Talk to your health practitioner or local Family Support Service to find out more, help you decide if you would enjoy it, and help book you a place.

For further information please get in touch with us via our Single Point of Contact:
Tel 03000 031 918
or e mail spoc.hdf@gateshead.nhs.net

For more information about HENRY go to:

- www.henry.org.uk
- [@HENRYHealthy](https://twitter.com/HENRYHealthy)
- facebook.com/HENRY.HealthyFamilies



Charity number 1132581 | Company number 6952404

Let's Celebrate!

Attendance

Each week, the class with the best attendance will have an extra 10 minutes of playtime.

If any class has 100% attendance, they will have an ice cream/hot chocolate playtime!

Class	This week's attendance	Class	This week's attendance
YRA	93.6%	Y3B	96.3%
YRB	90.5%	Y4A	94.4%
Y1A	91%	Y4B	95.3%
Y1B	94.2%	Y5A	94.4%
Y2A	94.4%	Y5B	95.2%
Y2B	95.3%	Y6A	94.7%
Y3A	93.8%	Y6B	95.9%
Whole School Attendance:		94.2%	



This week's Superstars

I would like to say a huge well done to all this week's superstars watch out for their special certificate given out in Assembly! Our superstars for this week are as follows:

Year Group	Superstars
Reception	Isabel H and Grace W
Year 1	Yazan A and Rosie M
Year 2	Harry J and Jace S
Year 3	Lee G and Srinika V
Year 4	Finlay C and Ethyn N
Year 5	George M and Wyatt C
Year 6	Abbie W and Logan H

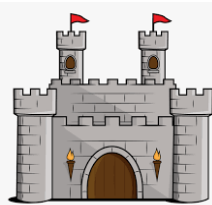
Times Table Rockstars



Biggest Earner	Class
Joseph W	Y6B
Georgie G	Y6B
Jack S	Y5B
Biggest Increase in Speed	
Ethyn N	Y4B
Lily D	Y4B
Mollie M	Y4B
Golden Guitar Winner – Y6B	

This week's House Tokens

This week's winner is **Hylton!**



Bamburgh	270
Hylton	315
Warkworth	210
Lumley	230
Dunstanburgh	280
Alnwick	260

Out of School Achievements

A huge well done to ...
Wyatt!

I'm sure you all noticed that Wyatt had his hair cut last week. He's managed to donate 12 inches of hair to the Little Princess Trust after growing it for two years. Hopefully his hair will make a wig for someone who is undergoing cancer treatment.

We are very proud of his efforts.

Well done, Wyatt!

