

















Lingey House Primary School

Young Carer Policy



At Lingey House Primary School we believe that all children and young people have the right to learn, enjoy and achieve, regardless of what is happening at home. We have developed our Young Carers Policy to show how we will support any pupil who helps to look after someone at home and to demonstrate how we will try to relieve some of the worries which young carers have about home and their school work.

Defining a Young Carer:

A young person under 18 years of age who helps to look after a family member who is disabled, physically or mentally ill or has a substance misuse problem. Caring can involve physical or emotional care, or being responsible for someone's safety and wellbeing. The level of responsibility assumed by a young carer is often inappropriate to their age and beyond the level of simply helping out at home as part of the process of growing up.

Lingey House Primary acknowledges that there are likely to be young carers among its pupils, and that being a young carer can have an adverse effect on their education.

- Being late or absent because of responsibilities at home
- Concentration problems, anxiety or worry in school
- Emotional distress
- Tiredness in school
- Lack of time for homework
- Poor attainment
- Becoming angry or frustrated
- Isolation feeling no-one understands
- Bullying
- Low self-esteem

We will:

• Have a designated member of staff (Mrs K Bell) with special responsibility for young carers.

- Let all new pupils know who the designated member of staff is
- Put young carers in touch with the local Young Carers Service.
- Run PSHCE lessons on the challenges faced by young carers

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Approved by Full Governing Board on 13 July 2023